The Psychology, Theory, and Science of Happiness (+ 16 ... Aristotle and Happiness

Happiness is the perfection of human nature. Since man is a rational animal, human happiness depends on the exercise of ... character, where one displays the virtues of courage, generosity, justice, friendship, and citizenship in one’s life.

How Do I Look? The Impact of Compliments on Self-Perceived ...}

Self-perceived quality-of-life scale - Infogalactic: the ... scale has become an instrument of choice for monitoring quality of life in some clinical populations, for example, it ... and well-being (SPQL) and provides a multi-faceted measurement of health-related and non-health-related aspects of well-being. T

What is happiness? - ZME Science

“Happiness” is used as a shorthand for a constellation of emotional and mental states. At its simplest, it refers to feelings of contentment or joy. The most expansive use of the word touches upon...